

## Patients story



**Hi my name is Mick, When I'm not dialysing I am a full time award winning foster carer with my wife Michelle.**

**I have been on haemodialysis since April 2018 after watching the nurses dialyse me for 3 months I decided it was time for me to have a go myself.**

**With the guidance of the nursing staff I was able to dialyse myself within 3 months,**

**I now feel a lot better health wise and have a better understanding of my condition.**

**I consider myself as part of the team treating my illness.**

**My conversations with the rest of the team are a lot more productive.**

**I would recommend shared care to anyone on haemodialysis.**

**Get involved at whatever level you feel comfortable, you have nothing to lose by having a go, you have a fantastic team supporting you!**

**Sept 2019**

**Middlesborough : James Cook University Hospital  
South Tees Hospitals NHS Foundation Trust**